

Prayer Guide



PACTS Framework

P - Presence – to prepare for prayer, sit quietly and become aware of God's presence. Say the Jesus prayer - "Lord Jesus Christ, son of God, have mercy on me, a sinner".

A - Adoration – praise God – use worship songs and psalms.

C – Confession – tell God the sins that come to mind and then know yourself forgiven and cleansed by the death and resurrection of Christ and the blood that was shed.

T - Thanksgiving – for all that life brings you.

S – Supplication – intercede for the things that are suggested each week, also other needs that you know of.



Resources

Sermons and PACTS prayer guide online

<https://pinnerbaptist.org.uk/>

<https://hope1513.com/prayer/try-church-guided-sermons-and-prayers/>

Bibliography

Prayer by O. Hallesby

Putting on the wakeful one by Shaun Lambert

Rhythm of daily prayer by Ffald y brenin

Beyond busyness: Time wisdom in an hour by Stephen Cherry

Masterlife: The disciple's cross by Avery T Willis

Adoration Playlist on Spotify Everittjane – Adoration

2nd August 2020 to 8th August 2020

"Let's come back" part 1

Psalm 1

P - Presence

The Jesus prayer - "Lord Jesus Christ, son of God, have mercy on me, a sinner."

Let him take control (this is a challenge for some of us) - look to him and rest in his presence.

A - Adoration

Psalm 1:6 "For the LORD watches over the way of the righteous..."

Song - "God watches over us" – Maxi Priest

C – Confession

Psalm 1:1 "Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers,"

Reflect on this verse and confess to the Lord the times when you have been tempted to act in a way that takes you away from God's best.

T - Thanksgiving

Psalm 1:2 "but whose delight is in the law of the LORD, and who meditates on his law day and night."

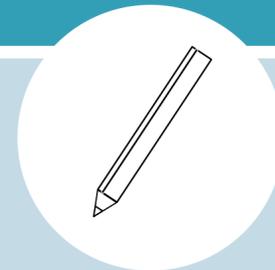
Give thanks to the Lord, imagine him sitting with you as you do, for giving us his word and his freedom in Christ. Thank him for the way that his word has impacted an aspect of your life during the pandemic.

S – Supplication

Psalm 1:3 "That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers."

Lift those who are struggling with uncertainty in their lives due to the impact of the pandemic - cry out to the Lord to help them find strength and a positive outlook so that they do not miss the life they have before them. Pray for a revival in interest in the things of God.

Come Lord Jesus.



Notes

