



PINNER BAPTIST CHURCH



London's Community Kitchen

Zero Waste - Zero Hunger

**FOOD AND ESSENTIAL SUPPLIES FOR THOSE IN NEED  
IN OUR LOCAL COMMUNITY**

The church front door will be open on the 4<sup>th</sup> Saturday of every month from **10.30am – 12.30pm**

**NEXT COLLECTION – SATURDAY 22 JANUARY 2022**

Please bring any contributions to the church during those times.

Covid-safe collection – please wear a mask and stay socially-distanced

**Please ensure that:**

- Everything is well within the use-by date.
- No fresh food is donated
- You only include small sizes and quantities, not large tins and packets.

**PLEASE DO NOT BUY:** - cereal, oats/porridge, tinned soup, biscuits, tuna. Harrow Food Bank currently have a large stock of all these items.

**THESE ARE THE ITEMS NEEDED THIS MONTH:**

**HARROW FOOD BANK**

- GRAVY GRANULES
- TINNED HOT DOGS
- TINNED FISH (NOT TUNA)
- TINNED MEATBALLS
- STOCK CUBES/STOCK POTS
- GENERAL CLEANING PRODUCTS

**LONDON'S COMMUNITY KITCHEN**

- PASTA
- RICE
- SUGAR
- SHOWER GEL
- LENTILS AND BEANS
- TINNED SOUP
- BAKED BEANS

**London's Community Kitchen** need volunteers two hours a week to help people attending their cookery program, also volunteers two hours a week to help people in their community garden. Both at the Bridge in Harrow Leisure Centre. Contact Jane Everitt if you are interested in helping.

If you have any enquiries, please contact Jane Everitt or Joyce Eavis