



PINNER BAPTIST CHURCH



FOOD AND ESSENTIAL SUPPLIES FOR THOSE IN NEED IN OUR LOCAL COMMUNITY

The church front door will be open on the 4th Saturday of every month from **10.30am – 12.30pm**

NEXT COLLECTION – SATURDAY 27 January 2024

Please bring any contributions to the church during those times.

Please ensure that:

- Everything is well within the use-by date.
- No fresh food is donated.
- You only include small sizes and quantities, not large tins and packets.

PLEASE DO NOT BUY: - Cereal, oats/porridge, baked beans, tinned soup and tuna. Harrow Food Bank currently have a large stock of all these items.

THESE ARE THE ITEMS NEEDED THIS MONTH:

HARROW FOOD BANK

- INSTANT MASH POTATO (PACKET)
- CARRIER BAGS (BAGS FOR LIFE)
- TINNED CORNED BEEF
- TINNED MEAT PIES (E.G., FRAY BENTOS)
- TINNED CHICKEN MEALS
- LONG LIFE FRUIT JUICE
- COFFEE (SMALL AND LARGE JARS)
- TINNED FRUIT
- PEANUT BUTTER
- CRISPS
- MALE & FEMALE DEODORANT
- BABY WIPES
- MEN'S BODY WASH
- CHILDREN'S TOOTHBRUSHES
- RAZORS
- SHAVING FOAM
- DETERGENT
- SOAP BARS

CONDIMENTS-OPTIONAL

- KETCHUP
- PASTA SAUCE
- HONEY
- JAM/MARMALADE
- CHOCOLATE SPREAD

LONDON'S COMMUNITY KITCHEN

- PASTA
- RICE
- BAKED BEANS
- SUGAR
- SHOWER GEL
- SHAMPOO
- TOILET PAPER

London's Community Kitchen need volunteers two hours a week to help people attending their cookery program, also volunteers two hours a week to help people in their community garden. Both at the Bridge in Harrow Leisure Centre. Contact Jane Everitt if you are interested in helping.