



Community essentials collection

Please bring your contributions on

Saturday 27 January 2024 between 10.30am and 12.30pm Pinner Baptist Church, Paines Lane, HA5 3BL

Please ensure that:

- Everything is well within the use-by date.
- No fresh food is donated.
- You only include small sizes and quantities, not large tins and packets.

PLEASE DO NOT BUY:

Cereal, oats/porridge, baked beans, tinned soup and tuna. Harrow Food Bank currently have a large stock of all these items.

What's on January's most wanted supplies list?

HARROW FOOD BANK

- INSTANT MASH POTATO (PACKET)
- / CARRIER BAGS (BAGS FOR LIFE)
- TINNED CORNED BEEF
- TINNED MEAT PIES (E.G., FRAY BENTOS)
- TINNED CHICKEN MEALS
- LONG LIFE FRUIT JUICE
- COFFEE (SMALL AND LARGE JARS)
- TINNED FRUIT
- PEANUT BUTTER
- CRISPS
- MALE & FEMALE DEODORANT
- BABY WIPES
- MEN'S BODY WASH
- CHILDREN'S TOOTHBRUSHES
- RAZORS
- SHAVING FOAM
- DETERGENT
- SOAP BARS

- CONDIMENTS-OPTIONAL
- KETCHUP
- PASTA SAUCE
- HONEY
- JAM/MARMALADE
- CHOCOLATE SPREAD

LONDON'S COMMUNITY KITCHEN

- PASTA
- RICE
- BAKED BEANS
- SUGAR
- SHOWER GEL
- SHAMPOO
- TOILET PAPER



