



Please bring your contributions on

Saturday 28th March 2026
between 10.30am and 12.30pm
Pinner Baptist Church,
Paines Lane, HA5 3BL

Every donation is appreciated

Please ensure that:

- Everything is well within the use-by date.
- No fresh food is donated.
- You only include small sizes and quantities, not large tins and packets.

HARROW FOOD BANK DOES NOT NEED:

Cereal, tinned soup and pulses, pasta, biscuits or baked beans.

What's on March's most wanted supplies list?

HARROW FOOD BANK

Coffee
Long life milk
Hot chocolate
Tea bags
Long-life juice
Crackers
Chocolate
Savoury Snacks
Spreads - Jam, peanut butter, honey
Tinned vegetables
Tinned meat, pies, hot dogs
Tinned fish
Tinned ravioli, macaroni cheese
Tinned fruit, rice pudding, custard
Cooking oil
Toothbrushes
Deodorant
Washing up liquid
Toothpaste
Washing powder
Shaving foam/gel
Shampoo and shower gel
Nappies (size 6 and 7)
Toilet roll

LONDON'S COMMUNITY KITCHEN

Rice
Sugar
Shower gel
Lentils and beans
Toothpaste
Pasta sauce

FIRM FOUNDATION

Soup
Sugar
Flour
Tinned goods
Coffee, tea, Squash
Seasonings
Noodles, Beans, Rice and Pasta.
Oil
Biscuits
Shower gel
Small shampoo
Body cream
Toothbrush
Toothpaste
Shaving razors
Shaving foam
Deodorant