



Please bring your contributions on

Saturday 25th April 2026  
between 10.30am and 12.30pm  
Pinner Baptist Church,  
Paines Lane, HA5 3BL

Every donation is appreciated

Please ensure that:

- Everything is well within the use-by date.
- No fresh food is donated.
- You only include small sizes and quantities, not large tins and packets.

**HARROW FOOD BANK DOES NOT NEED:**

Cereal, tinned soup and pulses, pasta, biscuits or baked beans.

## What's on March's most wanted supplies list?

### HARROW FOOD BANK

- Bags for life
- Chocolate
- Cooking oil
- Hot Chocolate
- Instant mashed potato
- Long-life juice and milk
- Deodorant
- Nappies - size 6 and 7
- Porridge oats
- Razors for shaving, and shaving foam or gel
- Savoury snacks
- Shampoo and shower gel
- Snacks (e.g. crisps, cereal bars, etc)
- Sponge puddings
- Honey and spreads
- Tea bags and coffee
- Tinned goods
- Toilet roll
- Toothbrushes and toothpaste
- Vegan food items
- Washing powder and washing up liquid

### LONDON'S COMMUNITY KITCHEN

- Rice
- Sugar
- Shower gel
- Lentils and beans
- Toothpaste
- Pasta sauce

### FIRM FOUNDATION

- Soup
- Sugar
- Flour
- Tinned goods
- Coffee, tea, Squash
- Seasonings
- Noodles, Beans, Rice and Pasta.
- Oil
- Biscuits
- Shower gel
- Small shampoo
- Body cream
- Toothbrush
- Toothpaste
- Shaving razors
- Shaving foam
- Deodorant