



Please bring your contributions on

Saturday 23rd May 2026  
between 10.30am and 12.30pm  
Pinner Baptist Church,  
Paines Lane, HA5 3BL

Every donation is appreciated

Please ensure that:

- Everything is well within the use-by date.
- No fresh food is donated.
- You only include small sizes and quantities, not large tins and packets.

**HARROW FOOD BANK DOES NOT NEED:**

Cereal, tinned soup and pulses, pasta, biscuits or baked beans.

## What's on May's most wanted supplies list?

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| <ul style="list-style-type: none"><li>• HARROW FOOD BANK</li><li>• Bags for life</li><li>• Chocolate and hot chocolate</li><li>• Coffee, tea bags</li><li>• Cooking oil</li><li>• Diluting juice</li><li>• Halal food items</li><li>• Honey, jam, peanut butter spreads</li><li>• Instant mashed potato</li><li>• Long-life juice and milk</li><li>• Deodorant</li><li>• Nappies - size 6 and 7</li><li>• Porridge oats</li><li>• Shaving razors, shaving foam and shaving gel</li><li>• Shampoo, shower gel</li><li>• Snacks (e.g. crisps, cereal bars, crackers etc)</li><li>• Sponge puddings</li><li>• Tinned goods (Meat, fruit, macaroni cheese, potatoes, fish, hot dogs, pies, ravioli)</li><li>• Toilet roll</li><li>• Toothbrushes and toothpaste</li><li>• Washing powder and liquid</li></ul> | <ul style="list-style-type: none"><li>• LONDON'S COMMUNITY KITCHEN</li><li>• Rice</li><li>• Sugar</li><li>• Shower gel</li><li>• Lentils and beans</li><li>• Toothpaste</li><li>• Pasta sauce</li><li>• FIRM FOUNDATION</li><li>• Tinned – Soup, vegetables and pulses</li><li>• Tinned – fish and fruit</li><li>• Baked beans</li><li>• Coffee, tea, Squash</li><li>• Noodles and Rice</li><li>• Biscuits</li><li>• Shower gel</li><li>• Shampoo (not large bottles)</li><li>• Body cream</li><li>• Shaving razors</li><li>• Shaving foam</li><li>• Deodorant</li><li>• Sugar</li><li>• Flour</li><li>• Oil</li><li>• Seasonings</li></ul> |
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