



Please bring your contributions on

Saturday 27th June 2026
between 10.30am and 12.30pm
Pinner Baptist Church,
Paines Lane, HA5 3BL

Every donation is appreciated

Please ensure that:

- Everything is well within the use-by date.
- No fresh food is donated.
- You only include small sizes and quantities, not large tins and packets.

HARROW FOOD BANK DOES NOT NEED:

Cereal, tinned soup and pulses, pasta, biscuits or baked beans.

What's on June's most wanted supplies list?

- HARROW FOOD BANK
 - Chocolate, hot chocolate
 - Coffee, tea bags, diluting juice
 - Tinned meat, custard, fish, fruit, hot dogs, Macaroni cheese, pies, potatoes, ravioli, Rice pudding, vegetables
 - Cooking oil
 - Halal food items
 - Honey, jam, peanut butter, spreads
 - Instant mashed potato
 - Long-life juice and milk
 - Nappies - size 6 and 7
 - Porridge oats
 - Razors for shaving, shaving foam/gel
 - Shampoo and shower gel
 - Snacks (e.g. crisps, cereal bars, crackers etc)
 - Sponge puddings
 - Toilet roll
 - Toothbrushes, toothbrush, deodorant
 - Vegetarian food items
 - Washing powder and liquid
- LONDON'S COMMUNITY KITCHEN
 - Rice
 - Sugar
 - Shower gel
 - Lentils and beans
 - Toothpaste
 - Pasta sauce
- FIRM FOUNDATION
 - Tinned – Soup, vegetables and pulses
 - Tinned – fish and fruit
 - Baked beans
 - Coffee, tea, Squash
 - Noodles and Rice
 - Biscuits
 - Shower gel
 - Shampoo (not large bottles)
 - Body cream
 - Shaving razors
 - Shaving foam
 - Deodorant
 - Sugar
 - Flour
 - Oil
 - Seasonings