



Please bring your contributions on

Saturday 25th July 2026
between 10.30am and 12.30pm
Pinner Baptist Church,
Paines Lane, HA5 3BL

Every donation is appreciated

Please ensure that:

- Everything is well within the use-by date.
- No fresh food is donated.
- You only include small sizes and quantities, not large tins and packets.

HARROW FOOD BANK DOES NOT NEED:

Cereal, tinned soup and pulses, pasta, biscuits or baked beans.

What's on June's most wanted supplies list?

HARROW FOOD BANK

Toothpaste
Toothbrushes (Including children's)
Chocolate
Coffee, Hot chocolate, Tea bags
Tinned goods – Meat, carrots, chicken, custard,
fish, fruit, hot dogs, macaroni cheese, pies,
potatoes, ravioli, rice pudding, vegetables
Cooking oil
Honey, Jam, Peanut butter and other spreads
Instant mashed potato
Long-life juice, diluting juice and milk
Deodorant
Nappies - size 6/7
Porridge oats
Shampoo, shower gel
Shaving foam/gel and razors
Snacks (e.g. crisps, cereal bars, Crackers etc)
Sponge puddings
Toilet roll
Vegetarian food items
Washing powder, liquid

LONDON'S COMMUNITY KITCHEN

Rice
Sugar
Shower gel
Lentils and beans
Toothpaste
Pasta sauce

FIRM FOUNDATION

Tinned – Soup, vegetables and pulses
Tinned – fish and fruit
Baked beans
Coffee, tea, Squash
Noodles and Rice
Biscuits
Shower gel
Shampoo (not large bottles)
Body cream
Shaving razors
Shaving foam
Deodorant
Sugar
Flour
Oil
Seasonings